



Dr. Charles "Mick" Michael Paroda

March 14, 1944 - March 29, 2021

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Dr. Charles "Mick" Paroda, 77, of Navarre, Florida, passed away peacefully on March 29, 2021.

Dr. Charles "Mick" Paroda was born in Brownsville, Pennsylvania on March 14, 1944 to Michael and Anne Paroda. Growing up in Clarksville, PA, Dr Paroda excelled educationally and was a gifted wrestler at Jefferson Morgan High School. After High School, he attended California University of Pennsylvania where he earned a Bachelor of Science in Biology. Following graduation, Dr. Paroda taught biology and coached wrestling at Montgomery Blair HS in Silver Springs, MD. While in Maryland, during a Christmas break, he decided to drive back to his hometown with a group of women he knew from High School who also worked in DC. For the drive home, one of those ladies, a beautiful raven-haired Sharren Nicklos, lost a bet and had to drive with him. This lost bet and a three-hour drive led Dr. Paroda to meet his one true love and the start of a wonderful 52-year marriage. After getting married, Dr. Paroda decided to return to California University of PA for his Master of Science in Genetics. After graduating, his thirst for knowledge did not end as he was granted a PHD in Molecular Genetics from West Virginia University. After graduation, Dr. Paroda was hired for a genetics research program at Colorado University-Denver and later for molecular genetics research at St.

Louis University. Never one to stay stagnant, Dr. Paroda became a professor of virology at the West Virginia School of Osteopathic Medicine (WVSOM). While teaching, he decided to accomplish his lifelong goal to be a physician and practice medicine. He applied and was accepted to WVSOM making him the second oldest but most appreciated member of his class. After graduating, Dr. Paroda completed his first year of residency at Cuyahoga Falls Hospital (OH) and his second and third year at United Hospital Center (UHC) in Clarksburg, WV. After residency, Dr. Paroda decided to stay in Clarksburg WV where he made a name for himself as a well-respected Emergency Room (ER) Doctor and Family Physician in the community for 21 years. Even after retirement, his love for medicine called him back and he continued as a part-time ER doctor. After 32 total yrs of service to the Clarksburg and Grafton area, Mick and Sharren moved to the emerald waters and white sand beaches of Navarre, FL.

Dr. Paroda lived a life full of love, compassion, and fun. His life accomplishments make obvious, Mick's love of learning and education. Whether it was reading medical journals, watching the history channel, or being the undisputed 'home' Jeopardy champion, he was always thirsting for more. In conversation, he was known for his vast knowledge of obscure facts and was playfully known as our very own Cliff Clavin. Dr. Paroda was also an avid Steeler fan and embodied the essence of a "yinzer" fandom. The game was over in the first quarter if they were playing bad and the game was never assured until the final whistle. He was also passionate about Air Force Football and enjoyed watching WVU football. Dr. Paroda will be forever remembered for his welcoming demeanor and his fantastically distinct laugh. His laugh would assure people knew he was at the party, house, or an event way before he was seen.

Even though he enjoyed medicine, history, facts, and sports, his first love and passion were his family. His wife and son always came first, and every career move was to better himself and provide a better life for his family. He was a phenomenal husband and even better father. Dr. Paroda understood what it

meant to be married and what was expected of a husband. It was easy to see Sharren was his love and his main priority in life. As a father, he was a role model, a provider, a motivator, an educator, and a supporter of hopes and dreams. He was always willing to provide guidance and motivation not only his son but to anyone who was willing to work to succeed. He wanted what was best for those around him and wanted to help in any way possible. If you ever met Dr. Paroda, his favorite topic of conversation was his son and his accomplishments. He was unabashedly proud and was always delighted to talk about his favorite subject. The only time his son took a back seat is when he was blessed with three grandchildren. From the time Ava, Sophia, and Matthew Jr were born, they became his number one topic of discussion. He was proud and truly excited to see what they would accomplish as adults. He was one-of-a-kind and will be forever missed.

Mick is survived by his beloved wife, Sharren; their son, Colonel Matthew Paroda; daughter-in-law, Tara; his grandchildren, Ava, Sophia, and Matthew Jr; brother Jim Paroda (Debbie); his sister, Terri Kurth (Barry); and numerous cousins, nieces, and nephews.

A memorial service will be held at a date to be determined.

In lieu of flowers, gifts in his memory can be made payable and mailed to the WVSOM Alumni Association, 400 Lee Street North, Lewisburg, WV 24901.

Tribute Wall

WM

“ *Such a beautiful person with whom I graduated with 1987. He was an 'icon' of our class! I only now was speaking to my wife about memories with him. I searched and have only now realized he no longer is with us other than spirit. A wonderful man and friend! My love to his family for having shared him with us! Love to all!*

Wesley Marner, D.O.

wesley marner - June 12, 2025 at 07:35 PM

PO

“ *A beautiful tribute to him. I didn't realize he did so much and touched so many. I will always remember his warm joyful smile, he always welcomed us. Keith always enjoyed talking to him. We will miss him. I love you all Paroda family.❤️ You're always in our thoughts and prayers.*

Priscilla O'Grady - May 14, 2021 at 02:48 PM

LS

“ *Mick and Sharren... just the thought of those two make me smile every time and always will. Even though Mick has left us behind, his laugh and friendship never will. His never ending love of Sharren will always be evident, and we will continue to see that glow in her and his family. I am so lucky to have known him for so long and even though we didn't see each other often, it was always as if we did. I am so sorry the pandemic kept us apart in FL..... We will meet again and I'll be awaiting new your stories. You are already missed my friend! Love to Sharren and the entire Family,
Linda Smith, DO
Class of '87*

Linda Smith - May 07, 2021 at 04:00 PM

PY

“ Terri - my sincere condolences on the loss of your brother. Patti Bartus Young

Patti Young - May 05, 2021 at 05:14 PM

JD

“ One thing that struck me while reading Mick’s obit was the comment about his laugh! When I learned of his passing I was very saddened, and the one thing that made me smile in my reflection was remembering his goofy cackle! As a brother/ classmate at WVSOM Mick’s love, support and quiet strength bolstered all of our efforts. Always willing to help, offer guidance and abiding friendship. His heart, arms and house(Sharren’s kitchen) were always open. One cannot know Mick without loving his life partner and better half Sharren. Always amazing individually, together phenomenal. With all love and respect I celebrate the impact Mick and Sharren have had on my life.

*For the Class of '87, always remember “the mission of WVSOM”—
Micky lived it!!*

Til we meet again good friend. H.H.

Jeff DeBord, DO - May 04, 2021 at 04:47 AM

WD

“ This man, friend, ultimate classmate an 'always' inspiration. Inspiring an certainly gifted me added accomplishments through his friendship and comradery. My empathies to that family and loved ones. I thank as a first to introduce Dr. J. Chambers via Ethmoid frat. Loved our classmate! Class '87!

Wes Marner,D.O.

Wesley D. Marner, D.O. - April 28, 2021 at 03:33 PM

RH

“ Sharren and family,
I was a student of Mick's at Montgomery Blair High School. I also wrestled for him. I remember one practice where, one by one, he wrestled every varsity wrestler from 95 lbs. to heavy weight and made quick work of each of us. He was so quick and talented. After high school, the next time I saw Mick, my friend Greg Cox (another wrestler) and I on an afternoon whim, hitchhiked from Silver Spring to a small borough south of Pittsburgh to see him. He and Sharren were gracious hosts to two adventuresome young men. I ran into Mick again some many years later when I was a young man attending a medical school graduation for my brother-in-law in West Virginia. Ironically Mick was in the same program. As a student athlete of his he was a great mentor and I am sure made a great doctor. I love the picture and am glad for the memories he provided!
Ross Hopeman

Ross Hopeman - April 23, 2021 at 10:51 PM

JP

“ Micky was my Biology Teacher as well as my wrestling coach at Blair in 1968-1970. He showed us a scar on his shoulder in wrestling practice one day and called it his "zipper" , which the scar looked exactly like one. His love and skill of teaching not only in the classroom and wrestling mat but life skills also, He was loved by all of his students. I was really hoping to have Mick attend our classes 50th Reunion, but Covid cancelled those plans. My condolences to his wife and son and can only imagine how great he was as a husband and dad. His smile and laugh will never be forgotten. R.I.P.

Joe Pavlock

Joseph L Pavlock - April 23, 2021 at 04:31 PM

EK

Mr. Paroda as I knew him in Montgomery Blair High school was an inspiration to me as a student. He was my mentor, my motivator and a perfect example what a great teacher should represent. I looked forward to his Biology class everyday!! In warmer weather he would take us outside and show us nature in the purest form!! His smile, laughter and advice is something I took with me for the rest of my life. He helped me gain self confidence in myself. He gave me the honor of being his lab assistant in my senior year of high school. He would have his tennis racket and wad up newspaper balls ready to fling at students who were not paying attention!!! I will admit it was very effective. I am confident you are in heaven!!! You were my angel and may you rest in peace!! Love, Elizabeth(Betty) Mercogliano Kerwin.

Elizabeth A Kerwin - April 25, 2021 at 07:25 PM

BO

*The son of a coal miner...one could not ask for a more loyal friend and Class of '87 brother.... You, Sharren, Bubbs, Mathew and "One Eyed" Jack embraced me and made me part of the family. I can never repay your kindness!!
I know that you and our departed brothers and sisters from the Class of '87 are in heaven tipping back a frosty cool one and reminiscing about the good old days!!
Watch over us all my brother!!
I miss you more than you know...
Much love*

BONDAR - April 28, 2021 at 10:51 PM

DD

*Terri, So Sorry to hear of the loss of your brother .
I had the privilege of working with him in the ER a few times. Wonderful person and Dr. rip*

Debra DeSimone - May 05, 2021 at 07:48 PM